

Health and Safety

Safe Working at Heights for Operatives



Duration | 1/2 DAY

Price | £95

Code | BAL09

Who's the course for?

This course is intended for operatives whose work could involve exposure to a fall from height, whether in construction, maintenance, cleaning or access.

Course aims and benefits

To give knowledge of possible hazards and control measures when working at height.

This course gives operatives the awareness of the control measures that are essential to ensure they work safely.

Course content

- Legal requirements and liabilities
- Hazards and control measures
- Scaffolding and other working platforms
- Ladders and stepladders
- Implementation of risk assessments

Training methods

- ✓ Classroom/tutorials

Methods of assessment

- ✓ Continuous assessment

Qualification/Certification

- ✓ National Construction College certificate



Where and when?

East

Norwich Feb 19
Colchester Apr 28
Northampton Sep 8

Midlands

Birmingham Feb 11, Nov 5

London and South East

Woodford Apr 24, Oct 9
Watford Aug 7

South West

Bristol Mar 27
Exeter Jul 14

South Central

Reading Feb 27
Portsmouth Jul 24

Yorkshire and Humber

Leeds Feb 18, Sep 16

North East

Ponteland May 5

North West

Haydock Feb 13, Jul 24
Leyland Mar 30, Sep 30

Wales

Wrexham Jan 27
Cardiff Mar 19
Caernarfon (N Wales) Aug 25
Swansea Sep 18

Scotland

NCC Scotland (Glasgow) Apr 23, Sep 3

Call us now on 0844 8440466 or visit us at www.nationalconstructioncollege.co.uk

Health and Safety Awareness



Duration | **1 DAY**

Price | **£140**

Code | **MT603**

Who's the course for?

This course is for those who have entered, or are about to enter, the construction and civil engineering industry as a member of the workforce. It will help them understand the potential hazards that they face at work on site.

Course aims and benefits

To give construction operatives an awareness of health and safety and how it affects their daily role. This course can be used as preparation training for the CSCS Health and Safety Test or as refresher training for operatives. The course will cover individuals' responsibilities for the safety of themselves and others, typical construction hazards and how they are controlled and how everyone can help achieve better practical standards of safety on site.

Course content

- Legal requirements and liabilities
- Working at height
- Manual handling
- Fire prevention
- Work equipment

Training methods

- ✓ Classroom/tutorials

Methods of assessment

- ✓ Continuous assessment
- ✓ Multiple-choice

Qualification/Certification

- ✓ ConstructionSkills Site Safety Plus certificate

Where to next?

- ✓ Site Supervisors' Safety Training Scheme

Where and when?

East

St Neots Jan 14, May 6
Northampton Feb 18
Norwich Feb 25, Sep 15
Chelmsford Mar 12
Welwyn Apr 2, Oct 13
Basildon Jun 25
Colchester Jul 8

Midlands

Birmingham Jan 16, Sep 8
Leicester Mar 31, Jul 8

London and South East

Stratford Jan 13
Woodford Jan 20
NCC South Feb 19, May 1, Jun 25, Aug 5, Oct 16
Watford Mar 4
Gatwick Apr 7
Farnham Jun 22
Hounslow Jul 7
Dartford Dec 10

South West

Bristol Jan 27, May 5

South Central

Farnham Feb 18
Basingstoke Jun 17
Southampton Nov 27

Yorkshire and Humber

Leeds Feb 23, May 13, Oct 22

North East

Sunderland Mar 3
Durham May 27

North West

Leyland Jan 16, Feb 24, Apr 6
Haydock Mar 20, Jul 9, Aug 27, Nov 13

Wales

Cardiff Jan 30, Sep 15
Wrexham Feb 10
Swansea Apr 7, Nov 5
Caernarfon (N Wales) Jul 7

Scotland

NCC Scotland (Glasgow) Feb 26, Apr 29, Sep 10, Oct 29

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